

SGRAIL78 SILVAPLANA

CONDITIONS OF PARTICIPATION

1. Regulations

The SGRAIL Silvaplana is organized by the SGRAIL Switzerland association. All participants accept the following conditions of participation.

2. Eligibility to participate

- 2.1 All athletes who turn 18 years of age in the year of the event (for 2025: born 2007 and older) are eligible to participate.
- 2.2 Anyone who has duly registered and been accredited and who has accepted the GTC and the liability waiver when registering online is eligible to take part.

3. Code of Conduct

- 3.1 Participants put team spirit and respect for the environment above the idea of competition and, for example, provide assistance if a participant, a third person or an animal is in danger.
- 3.2 Participants acknowledge that the event takes place in a fragile and sensitive environment and accept not to leave any traces and not to leave the marked paths.
- 3.3 Participants give priority to herds of animals encountered during the route and to respect rows, gates and all types of fences associated with the safety of livestock or private farms.
- 3.4 Participants must inform the nearest checkpoint or refreshment point of any kind of incident.
- 3.5 If participants who have provided assistance have lost a lot of time, the race director will assess the situation and make the appropriate decisions.

4. Competition distance and courses

- 4.1 The event consists of the following disciplines:
 - Swim: 1,5km
 - Gravel course: 66km, 1300m
 - Trail run course: 13km, 290m
- 4.2 The organizer reserves the right to adapt the routes and start times to the prevailing weather conditions and circumstances.
- 4.3 Participants are obliged to adhere to the specified routes and signs. If the route is left for any reason, the participant must re-enter the route at the exact points.
- 4.4 The route is not closed, but open to other hikers, vehicles and mountain bikers during the event.
- 4.5 Navigation is the responsibility of the participants. The route is not signposted, all participants must have the route, which will be sent out during the competition week, available on a GPS device.

5. Registration and entry fees

Registration needs to be done via the official event website (www.sgrail.country). The registration fee must be paid in full at the time of registration. Registration can only be completed if the registration fee has been paid by credit card (Visa, Mastercard, Postfinance) or Twint.

6. Cancellation and refund

It is possible to withdraw from the event at any time. In the event of non-participation for personal or health reasons, there is no entitlement to a refund of the entry fee. Registration may be transferred to another person up to two weeks before the event (22.08.2025).

7. BIB Collection

The BIB must always be collected personally by the participants during bib collection hours. The registration confirmation and a valid identification document (driver's license / ID / passport) must be

presented when collecting the race number. If a participant is unable to attend, another person can collect the race number by presenting the registration confirmation. BIB numbers will not be sent.

8 Health and fitness requirements

Participants must be in good health and meet the physical requirements of a mountain triathlon. Paramedics and an emergency doctor will be available during the race. In the event of health problems, the nearest medical station must be visited immediately, and the race must be terminated if necessary. Participants who decide to withdraw from the race must stop at one of the refreshment points. Only a serious injury justifies the participant giving up at another point on the course.

9 Liability

- 9.1 Participation in the event is at the participant's own risk.
- 9.2 The organizer accepts no liability for damage to persons or property arising in connection with participation in the triathlon.
- 9.3 By accepting the liability waiver, participants acknowledge that the event takes place in a mountainous area, which entails additional risks (e.g. weather conditions, rough terrain).
- 9.4 The organizer is not liable for equipment or other valuables of the participants.
- 9.5 In the event of cancellation of the race, the organizer is not liable for additional costs in connection with the registration, such as accommodation or travel costs.

10 Insurance

- 10.1 Costs arising from the use of emergency medical services outside the general medical service of the event shall be borne by the participants.
- 10.2 Participants are advised to take out separate accident insurance to cover event accidents.

11 Competition equipment

- 11.1 Participants are obliged to carry appropriate or mandatory equipment for the individual disciplines, distribute it into the appropriate transition bags (e.g. roadworthy helmet for gravel riding).
- 11.2 The following types of bike are permitted on the gravel course: gravel, cyclocross, mountain bikes. E-bikes and tandems are not permitted.
- 11.3 The organizer reserves the right to make wetsuits compulsory at low temperatures. Participants will be informed one hour before the start if wetsuits are mandatory.

12 Behavior during the competition

Unethical behavior, failure to follow instructions, non-compliance with the regulations or the use of performance-enhancing substances will result in immediate disqualification. It is also forbidden to leave the designated routes. Participants must pay attention to their own safety and the safety of other participants at all times.

13 Weather conditions and changes to the competition

Due to the nature of the mountain area, changes to the event may occur due to weather conditions. The organizer reserves the right to cancel or postpone the competition in the event of extreme weather conditions (e.g. thunderstorms, avalanche danger). There is no entitlement to a refund of the entry fee in such cases.

14 Data protection

- 14.1 By registering, participants agree to the storage and use of their personal data.
- 14.2 Data will only be passed on to third parties if this is necessary for the organization of the event (e.g. to the timekeeper, the medical service or the authorities).
- 14.3 Participants' personal data (surname, first name, nationality, club) will be published on the start list. By registering, the participant consents to the use of the corresponding personal data for this purpose.
- 14.4 The e-mail address will be used to send information and newsletters. This use can be revoked at any time.

15 Catering and hydration

Refreshment stations will be provided along the route. Participants are obliged to provide themselves with sufficient water and food, especially during the cycling and running disciplines.

16 Photography and filming

By participating in the event, participants agree that photos and video recordings of the event may be used for advertising purposes and media publications. Participants can refuse this in writing at any time.

17 Severability clause

If individual provisions of these GTCs are or become invalid, this shall not affect the validity of the remaining provisions. The parties are obliged to agree on a new provision that comes closest to the purpose of the invalid provision.

18 Applicable law and place of jurisdiction

Swiss law applies. The place of jurisdiction is Zurich, unless mandatory statutory provisions provide otherwise.

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